***HANDLE*** ®

Level I and Level II trainings – open to all

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**What is HANDLE®**

**August 4, 2014**

**12-1 PM and 6 – 7:30 PM – Free presentation**

Honest Weight Food Co-op,

Albany, NY

****

**Intensive – Level I & Level II**

**July 13-14, 2014**

Atlas Foundation for Autism, NYC with Elizabeth Frishkoff and

Shifra Leiser, OTD

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**Level I**

**August 9, 2014**

Mildred Elley College,

School of Massage, Albany, NY

with Elizabeth Frishkoff

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**Level II**

**August 16-17, 2014**

The Health Center

Main St, Great Barrington, MA

with Elizabeth Frishkoff

**H**olistic

**A**pproach to

**N**euro

**D**evelopment

and **L**earning

**E**fficiency

HANDLE is a unique, gentle, non-drug movement therapy for children and adults. HANDLE was developed by Judith Bluestone, who herself overcame neurological and physiological challenges and became an award winning therapist and educator.

why Judith Bluestone, founder of the HANDLE Institute, proposed that ADD (Attention Deficit Disorder) is a misnomer.

root causes for behavior and learning issues including: hypersensitivities, gastrointestinal, immunological, psychological and neurological complications.

how ADHD, Autism etc. are systems disorders requiring a systems approach to treatment (based on an understanding of the connections and interactions between aspects of the neurological system).

subtle signs of stress and how to adapt to avoid crisis.

selected HANDLE activities that can be immediately applied in classroom, home and clinic settings.

**Discover**

**Explore**

**Understand**

**Recognize**

**Learn**

**Additional HANDLE workshops:**

**Level I** offers an over-view of the HANDLE paradigm, and Gentle Enhancement®

including instruction in some unique HANDLE activities.

**Level II** builds upon the Level I with an in-depth look at sensory processing

systems. Students learn more activities and different applications for a variety of

presenting concerns.

**Level I and II courses do not qualify an individual to train others in HANDLE**

**activities.**

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**For more information:**

**413-528-0477 efrish@sover.net**

**or visit the HANDLE website: www.handle.org**

**Elizabeth Frishkoff, MSW**, Certified HANDLE Instructor and Waldorf graduate, has been working with the HANDLE

approach in clinical, school and home-based settings. From preschool students to nursing home residents, she serves clients with a wide range of life and learning challenges.

**For more information on The HANDLE Institute, a training and research organization,**

**and for links to qualified HANDLE providers worldwide visit: www.handle.org or call 206-909-6028**